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|  | MZANSI LODGE |  |

**SNACK MENU**

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Pretzels - 2 rods  100% Juice | Whole Wheat Bagel - 1.  Peanut Butter – 2 TB. | Apple Juice  Vanilla Wafers - 9 | Yogurt  Graham Crackers – 4  (2-1/2 in. square) | Raw Vegetables - 3/4 cup  (Carrots, Celery, Broccoli, Cauliflower); Yogurt Dip;  Cheese Cubes |
| Fresh Fruit - 1 med. pc.  Corn Muffin | Ham & Cheese Cubes - 1  Waverly Wafers - 5 | Plain Granola Bar  Milk | Cottage Cheese w/Cinnamon - 1/4 cup  Wheat Thins - 12 | Veg Mix - 1 cup  100% Juice |
| English Muffin - 1/2  Peanut Butter - 2 Tb.  100% Juice | Fresh Fruit – 1 med. pc.  Triscuit Crackers - 5 | Toaster Pastry (unfrosted)  Milk | Banana - 1 med.  Milk | Oatmeal Cookies - 4  (2-5/8 in. x 1/4 in. thick)  Milk |
| Rice Krispie Bar - 2    Milk | Apple Slices - 2-3/4 in. Apple, Sliced  Peanut Butter - 2 TB | Mozzarella Cheese Stick Animal Crackers | Pineapple Chunks - 3/4 cup  Banana Nut Muffin | Pizza Bagel Bites  (1 Mini-Bagel)  100% Juice |